

LUNCH MENU

Served daily from
11:30 AM to 3:00 PM
Spring/Summer 2016

THE
REGENCY
BAR & GRILL

PLEASE ADVISE US OF
ANY FOOD ALLERGIES

Consuming raw or undercooked meats,
seafood, shellfish may increase your
risk of foodborne illness, especially if
you have certain medical conditions.

TO START

BEEFSTEAK TOMATOES

Shallots, Balsamic, Olive Oil

18.

SHRIMP COCKTAIL

Horseradish Cocktail Sauce

26.

RBG HOUSE SALAD

Baby Head Lettuce, Cheddar, Apple Thyme Dressing

20.

ASPARAGUS

Prosciutto, Cashews, Lemon Vinaigrette

19.

CLASSIC TOMATO SOUP

Mini Grilled Cheese

17.

CRAB CAKES

Lemon Aioli

28.

SIMPLY PREPARED

w/ Seasonal Accompaniment

- MAHI MAHI 43.
- KING SALMON 42.
- CAGE FREE CHICKEN 38.
- DRY-AGED NY STRIP (14 OZ) 45.

SIDES

13.

- PEA SHOOTS & TENDRILS
- STEAMED ASPARAGUS
- MUSHROOMS
- FRIES
- SEA SALT ROASTED POTATOES

We are proud to source our menu from
local and sustainable partners, including:

- BLUE MOON ACRES: Allentown, PA
- GRIGGSTOWN QUAIL FARM: Princeton, NJ
- VALLEY SHEPHERD CREAMERY: Long Valley, NJ
- KINGS CREAMERY: Lancaster, PA
- CASTLE VALLEY MILLS: Bucks Co., PA

ALL SHELLFISH IS MSC CERTIFIED
AND CAUGHT IN ATLANTIC WATERS

ALL BREADS ARE PRODUCED IN NYC

SALADS

Tossed Upon Request

JOAN'S CHOPPED ... 29.

Romaine, Cage Free Chicken & Egg, Applewood
Smoked Bacon, Cheddar, Avocado, Tomato

KALE ... 27.

Walnuts, Pecorino, Potatoes, Sunflower Seeds

FARMSTEAD ... 27.

Romaine, Purple Carrots, Jicama,
Cucumber, Fava Beans

CLASSIC CHOPPED CAESAR ... 26.

Anchovy Dressing, Herb Crouton

CHICKEN PAILLARD ... 29.

Breaded Cage Free Chicken,
Rocket Arugula, Parmesan Dressing

Dressings:

- BALSAMIC, HONEY MUSTARD,
- PECORINO, CHAMPAGNE VINAIGRETTE,
- BUTTERMILK HOUSE, BLUE CHEESE

Add to Any Salad:

- NY STRIP (7 OZ) ... 15.
- CAGE FREE CHICKEN BREAST ... 7.
- POACHED SHRIMP ... 9.

PLATES

BURGER 32.

RBG Fries, House Pickles

UPPER EAST SIDE CLUB 26.

House Roasted & Hand-Carved Turkey,
Applewood Smoked Bacon, Mayo

GRILLED CHEESE 25.

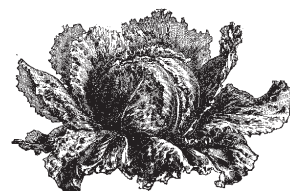
Cheddar, Sourdough, Cherry Tomato Salad

CAGE FREE 3-EGG OMELETTE ... 26.

Choice of 3 (\$3 each additional): Feta,
Cheddar, Swiss, Goat Cheese, Mushrooms,
Onions, Spinach, Canadian Bacon, Ham,
Tomatoes (EGG WHITES AVAILABLE)

RIGATONI POMODORO 28.

Fresh Basil, Parmesan Reggiano



NON-ALCOHOLIC
SPRITZERS

10.

- MINT LIMEADE
- COCONUT LAVENDER
LEMONADE

× Executive Chef: CATHERINE MEDRANO ×