



MANDARA  
— SPA —

LOEWS PORTOFINO BAY HOTEL  
AT UNIVERSAL ORLANDO®



# Welcome

## TO MANDARA SPA

Imagine the mystery of the East meeting the science of the West. Imagine boundaries ceasing to exist. Imagine science and nature dancing together in perfect harmony.

And then imagine a spa experience at **Mandara Spa at Loews Portofino Bay Hotel at Universal Orlando**. Here science and nature; practicality and mystery; beauty and peace are entwined offering an experience as luxurious as it is therapeutic and as magical as it is real.

### OUR STORY

The Mandara experience began on the spiritual island of Bali, inspired by the beautiful tradition of healing touches which are so deeply immersed within the culture and passed on from mother to daughter from generation to generation. These time-honored therapies, combined with European methods and natural elements indigenous to Bali, meld together to provide the most unique and indulgent spa treatments.

The name Mandara comes from a Sanskrit legend about the gods' quest to find the secret to eternal youth and beauty. We believe you will unlock the secret when you experience a timeless Mandara moment. Here, time stands perfectly still.



### Not sure what to choose?

Throughout this menu, our most well-loved services are indicated with the Mandara symbol.

# EXPERIENCES

Every spa treatment can be connected to others so that your treatment becomes a seamless experience of holistic healing and divine indulgence. These experiences can last from 2-5 hours and promise pure relaxation.

## **SUNRISE AWAKENING**

Experience revitalization through the Mandara Balinese Body Polish and a soothing Balinese Massage. Rejuvenate your skin with an Elemis Visible Brilliance Facial.

**2 hours 15 minutes** *With Classic Spa Manicure and Pedicure.* **3 hours 45 minutes**

## **NIRVANA ... BLISS FOR A DAY**

Bask in the pleasures of a Mandara Deep Tissue Massage combined with the energy of heated stones to soothe away stress, then emerge radiant from your Elemis Tri-Enzyme Resurfacing Facial. Enjoy a light lunch followed by a luxurious and pampering Mandara Hand and Foot Ritual. Treat yourself to a Shampoo and Style and personalized Make-up Application. Leave feeling refreshed and renewed all over.

**6 hours 20 minutes**

## **MEN'S SPA ESCAPE**

Soothe overworked and tired muscles with a Mandara Deep Tissue Massage and cleanse and exfoliate deep into the skin's pores with an Elemis Urban Cleanse for Men Facial.

**1 hour 50 minutes** *With Men's Sports Manicure and Pedicure.* **3 hours**



# FACIALS

Experience the ultimate in advance skincare. We offer Elemis, a professional spa-therapy brand that offers clinically-trialed face and body treatments without compromising on indulgence.

## **ELEMIS TRI-ENZYME RESURFACING FACIAL**

This facial is clinically proven to reduce the appearance of fine lines, acne, superficial facial scarring, and uneven skin pigmentation, revealing a renewed level of clarity to the complexion. After just one session, this facial can resurface the skin up to 75% and leave your skin up to 32% smoother.\* This superior treatment is further enhanced by a luxurious hand, arm, décolletage and scalp massage.

**60 minutes**

\*Independent Clinical Trials 2006

## **ELEMIS PRO-COLLAGEN QUARTZ LIFT FACIAL**

This anti-wrinkle facial has been independently tested with phenomenal results. Empowered with Quartz micro-crystals and the anti-oxidant properties of other

precious minerals, this treatment is proven to reduce the number of wrinkles by up to 94% and improve skin firmness by up to 57% after just one treatment.\* It will slow down the visible signs of aging, leaving skin firmer and uplifted. This therapy includes a hand, arm and scalp massage.

**60 minutes**

\*Independent Clinical Trials 2007

## **ELEMIS VISIBLE BRILLIANCE FACIAL**

Independently tested with revolutionary results, this anti-aging face and eye treatment instantly firms, rejuvenates and plumps up the skin while helping to reduce dark circles. The skin's moisture levels are proven to increase by up to 61% and elasticity by 40% after just one treatment.\* Specialized micro-circulatory massage

techniques are combined with powerful formulations and the two-phase Amino Active Mask to help smooth, sculpt and restore skin radiance. This amazing treatment is further enhanced by a luxurious hand, arm and scalp massage.

**60 minutes**

\*Independent Clinical Trials 2004

## **ELEMIS SKIN SPECIFIC FACIAL**

A deep cleansing, active aromatherapy facial for men and women. This facial combines the power of premium grade essential oils to help de-stress and oxygenate the skin cells. Choose from: Herbal Lavender Repair to help heal and balance combination skin types, Exotic Moisture Dew for dry, dehydrated skin, and Fruit Active Glow to revive dull, lifeless complexions.

**60 minutes**



#### **ELEMIS SKIN IQ FOR MEN FACIAL**

Helping to calm irritation and minimize the signs of aging, this facial is the ultimate overhaul for male skin. Incorporating the Time Defence Wrinkle Delay and Time Defence Eye Reviver, this anti-aging treatment protects against the harsh effects of shaving and environmental damage.

**60 minutes**

#### **ELEMIS URBAN CLEANSE FOR MEN FACIAL**

This super-grooming, deep cleansing facial decongests the skin, working overtime to help eliminate blocked pores, rapidly accelerate skin repair, and neutralize impurities. Fast-acting ingredients reduce sensitivity and provide long-lasting defense against the damaging effects of daily pol-

lutants, leaving the skin visibly clear and squeaky clean.

**60 minutes**

#### **ELEMIS PURIFYING BACK FACIAL**

The skin on the back can be prone to breakouts, so care for it with a deep cleansing and nourishing treatment. Impurities will be lifted, dry skin eliminated, and blemished skin will be soothed and calmed.

**50 minutes**

#### **BREAKOUT-BUSTING FACIAL**

The ultimate in deep cleansing, this anti-acne facial combines an oxygen wrap, deep pore purging, massage and a targeted task mask to keep breakouts at bay.

**60 minutes**

#### **GLOW AND BEHOLD**

This complexion-reviving facial starts with a resurfacing peel followed by an oxygen wrap, the necessary extractions, facial massage, and application of the face-freshening Triple Oxygen Cream, and face and eye masks. It's like a breath of fresh air for your face – literally!

**60 minutes**

#### **MICRO-THERAPY FACIAL**

This revolutionary face therapy takes the technology of micro-dermabrasion to another level by using a gentler approach to beautiful skin that will not cause irritation. This treatment non-invasively helps to soften fine lines, reduce skin discoloration, tighten pores, and reduce the appearance of age spots and scarring.

**50 minutes**

## *Facial Add-Ins*

#### **LOOKING TO ENHANCE YOUR FACIAL?**

Build-on a Bilberry & Vitamin C Seaweed Task Mask to soothe, rejuvenate and refine the skin or a Breakout-Busting Task Mask to heal and replenish problem skin.

#### **GLYCOLIC/SALICYLIC PEEL UPGRADE**

Transform your facial into an indulgent overhaul by adding one of these peels. Depending on your skin type and goals, your therapist will recommend the best peel for you.

# MASSAGE

Give yourself the gift of hands-on healing. A massage does so much more than just feel good. It helps your body to eliminate toxins through the lymphatic system, gives your circulatory system a boost of energy, and brings about a state of peace and harmony.

## **BALINESE MASSAGE**

Utilized for centuries to strengthen and heal the body, this traditional therapy combines stretching, long strokes, skin rolling, and palm and thumb pressure techniques. Flowing and graceful, the Balinese massage relieves tension, improves blood flow, eases stress, and encourages harmony.

50 minutes

## **SWEDISH MASSAGE**

This classical European technique of manipulating muscles with aromatic massage oils is both relaxing and invigorating. While providing tonic for the soul, this massage can help improve the function of the circulatory, lymphatic, muscular and nervous systems.

50 minutes  
80 minutes

## **MANDARA DEEP TISSUE MASSAGE**

Excessive physical activity can cause deep muscular and joint distress. This massage helps to warm and relax the muscles, improving range of motion. Enjoy before physical activity to increase flexibility and afterward to help the speedy recovery of strained muscles.

50 minutes  
80 minutes

## **MANDARA FOUR HAND MASSAGE**

This is Mandara Spa's signature treatment. Two therapists working on you simultaneously in synchronicity - and serene silence. The ultimate indulgence!

50 minutes

## **MANDARA HOT STONE MASSAGE**

Therapeutic and relaxing, this treatment alleviates stiffness and soreness while restoring energy and balance. The stones' heat, combined with long flowing strokes, relaxes the muscles and has a soothing effect on your emotions. Simultaneously, other stones are placed on your body's energy points, deeply infusing muscles with heat to melt away tension.

50 minutes  
75 minutes

## **COUPLES MASSAGE**

What a perfect way to spend time with someone you love. Both of you will enjoy a full-body massage side by side.

50 minutes  
80 minutes



## Massage Add-Ons

### BATHING RITUAL

Add a 25-minute luxurious bathing experience to any massage or body treatment.

### MANDARA BALINESE BODY POLISH

Add a 25-minute exotic body polish to any massage or body treatment.

### PROLONG-THE-BLISS

50 or 80 minutes just not enough for you? Add 30 minutes to your massage to prolong the bliss a little longer.

## Massage Add-Ins

### CONDITIONING FOOT TREATMENT

An indulgent treat for the feet that rejuvenates and revitalizes.

### FRANGIPANI NOURISHING HAIR AND SCALP TREATMENT

Restores luster to the hair and scalp and promises unadulterated relaxation.

### HOT STONE THERAPY

We use the vitality and energy of heated stones to soothe away stress and relieve muscular tension, aches and pains.

### WARMING PARAFFIN TREATMENT

Our paraffin packs stimulate circulation and relieve stiff necks, sore lower backs, and chapped, dry hands or feet. A perfect addition to any massage, skincare or nail service.

### IN-SUITE MASSAGE

Let us bring the spa to you. Allow the power of touch, combined with the healing qualities of aromatherapy, to relax your mind, body and soul in the comfort of your room. All in-suite massages are booked with same gender therapists..

### BAMBOO MASSAGE

Imagine warm bamboo shoots of various sizes soaked in essential oils rolling, sliding, and massaging your muscles. Customized to your preference, your therapist will use deep tissue techniques or gentle strokes to soothe the muscles into sweet oblivion.

50 minutes

### REFLEXOLOGY

An ancient healing therapy that is as blissful as it is beneficial, reflexology works on the principle that all body organs are connected to reflex points in the feet via constantly flowing energy channels. Massaging these reflex points restores natural energy flow and improves overall health by sending

waves of deep relaxation throughout your body.

25 minutes

50 minutes

### ELEMIS NURTURING MASSAGE FOR MOTHER-TO-BE

Specially designed for mothers-to-be, this massage promotes relaxation, increases circulation, and provides comfort during this wondrous time of change. This treatment helps to relieve tension and alleviate swelling in the hands and feet while uplifting the spirit. Comfort and safety is ensured with supportive pillows and Japanese Camellia Oil.

50 minutes

# BODY THERAPIES

These scrubs, seaweed purees, and detoxifying concoctions will slough away dead skin, detoxify and remineralize the body, and help you tone and firm. Healthful and sumptuously indulgent, most treatments include an invigorating massage.

## MANDARA BALINESE BODY POLISH WITH MASSAGE

An exotic ritual to invigorate and bring vitality to the body, your skin will be polished and smoothed to a glow with our uplifting Blood Orange + White Pepper Sugar Scrub or detoxifying Elemis Lime and Ginger Salt Glow, complete with an application of body butter to hydrate the skin. This treatment includes a 25-minute back massage or 50-minute, full-body massage.

**50 minutes**  
**75 minutes**

## ELEMIS AROMA SPA SEAWEED MASSAGE

Combining the richness of sea plants and marine algae with aromatherapy, this treatment is deeply detoxifying at all levels for women and men. A warm seaweed body mask containing a synergy of cleansing essential oils is applied to your body before you are cocooned in a comforting wrap. Let your thoughts drift away and relax with a scalp and foot massage while the active ingredients work to detoxify and stimulate your body systems. Choose from Cellutox for detoxification and Musclease to help relieve sore joints and muscular tension. Includes a 25-minute back massage or 50-minute, full-body massage.

**75 minutes**  
**100 minutes**

## ELEMIS EXOTIC COCONUT RUB AND MILK RITUAL WRAP

A traditional Balinese recipe with coconut, mungbean, spices and lavender polishes the skin while the sensation of warmed Exotic Frangipani Monoï Oil and Skin Nourishing Milk Bath being drizzled over your body is simply divine. The natural ingredients work to heal while you enjoy a relaxing scalp massage. Includes a 25-minute back massage or 50-minute, full-body massage.

**50 minutes**  
**75 minutes**



#### **ELEMIS EXOTIC FRANGIPANI BODY NOURISH WRAP**

Inspired by a Tahitian recipe, this wrap blends fragrant coconut and frangipani flowers to produce monoi oil, a scented oil traditionally used by Polynesian women to protect and condition their bodies from environmental stressors. We anoint your body with this warm, rich and creamy formula before you are cocooned in a comforting wrap while you enjoy a conditioning scalp massage. Includes a 25-minute back massage or 50-minute, full-body massage.

**50 minutes**

**75 minutes**

#### **IONTHERMIE CELLULITE REDUCTION TREATMENT**

This detoxification treatment will reduce the appearance of cellulite, firm and tone the skin, cleanse the body, and promote inch loss (up to 8 inches) in just one session. Using two gentle stimuli, your therapist will focus on problem areas such as the stomach, thighs and buttocks. By propelling marine rich elements into affected areas, this treatment can drain fluid, smooth the skin, and give the body more definition. For ultimate benefits and detoxification, we recommend a course of three treatments.

**60 minutes**

#### **IONTHERMIE CHEEK LIFT**

This acclaimed cheeky treatment will help give your buttocks a lift while firming and toning the skin. Active ingredients are applied to the area before we apply a soothing clay, algae and pine mask. Gentle stimuli is then placed on the buttocks, thighs and tummy to stimulate muscle tissue and firm the skin.

**60 minutes**

#### **“SLIM” AND PROPER**

This circulation-stimulating, body-toning treatment includes dry brushing, an application of firming essential oil, a rubberizing mask on cellulite prone rear and thigh areas, a heated wrap, and a rubdown with fat-busting formulas. It's a “bod”-send before slipping into something curve-hugging.

**75 minutes**

#### **SUN GLOW RITUAL**

Enjoy an invigorating exfoliation treatment followed by an application of our sunless tan crème for a delicious bronzed glow on the face and body. We promise not to tell. Perfect for both women and men.

**50 minutes**



# BEAUTY SALON

Shining hair and groomed hands and feet are a reflection of your inner health and beauty.

## FRANGIPANI CONDITIONING HAIR AND SCALP RITUAL

We use rich Exotic Frangipani Monoi Oil, legendary for its ritual uses in Tahiti. After cleansing your hair, we massage the scalp with this precious ingredient and wrap the hair in a warm towel to ease away stress and give the hair a vibrant, healthful shine. Add this treatment to any hair service.

25 minutes

## MANDARA RITUAL FOR THE HANDS AND FEET

What could be more sumptuous than having both your hands and feet treated with heavenly indulgence? In this ritual, they will enjoy an invigorating cleansing, exfoliation and massage followed by a traditional manicure, pedicure and polish!

2 hours

## FIRE & ICE MANICURE AND PEDICURE

Your nails are one of your most of important accessories, so keep them beautiful with this invigorating manicure and pedicure that will warm your spirit and cool your stress. Using a combination of therapeutic cooling gels and the warmth of massage using a heated stone, your skin will be smoother and your nails will be nourished and polished to perfection.

manicure 50 minutes  
pedicure 60 minutes

## SHELLAC MANICURE AND PEDICURE

No drying time. No chipping. No smudging. This tough as nails treatment uses a Shellac coating instead of regular polish, resulting in tremendous shine, depth of color, and perfect finish. It provides excellent wear and comfortable protection for up to 14 days.

manicure 45 minutes  
pedicure 60 minutes



#### **SALON SERVICES**

- Phyto Hair Conditioning Treatment
- Shampoo and Style *includes blow dry*
- Shampoo and Roller Set
- Hair Cut and Style *includes blow dry*
- Children's Hair Cut *includes blow dry (12 and under)*
- Bang Trim
- Special Occasion Hair Design
- French Braid
- Flat or Curling Iron
- Partial Highlighting or Low Lighting *includes blow dry*
- Full Highlighting or Low Lighting *includes blow dry*
- Color & Shine
- Color Correction
- Color Touch-up

#### **NAIL SERVICES**

- Mandara Hand Ritual
- Mandara Foot Ritual
- Classic Spa Manicure
- Classic Spa Pedicure
- Acrylic Full Set
- Acrylic Fills
- Pink & White Full Set
- Pink & White Fills
- Gel Full Set
- Gel Rebalance
- Nail Repair
- French Polish
- Polish Change
- Aromatherapy Paraffin Infusion Treatment
- Sculptured or Silk Removal
- Shellac Removal
- Shellac Upgrade
- Shellac Enhancement Upgrade

#### **WAXING SERVICES**

- Brow Sculpting
- Nose or Ear
- Lip or Chin
- Full Face
- Full Leg
- Half Leg
- Underarms
- Full Arm
- Half Arm
- Basic Bikini
- Bikini Plus
- Brazilian
- Back
- Men's Chest
- Stomach

#### **GROOMING FOR HIM**

- Men's Sports Manicure
- Men's Sports Pedicure
- Men's Hair Cut and Style
- Men's Color
- Moustache, Beard and Eyebrow Trim

#### **MAKE-UP ARTISTRY**

- Make-up Application
- Special Occasion Make-up Consultation
- Special Occasion Make-up Application
- Temporary Eyelash Enhancements



# SPA TIPS

## HOURS OF OPERATION

Spa ..... 8am – 8pm  
Salon ..... 10am – 6pm  
Fitness Center ..... 6am – 8pm

## RESERVATIONS

To schedule treatments you may call our spa directly from a hotel phone by dialing extension **31244** or **407-503-1244** from outside of the hotel. We accept most major credit cards and recommend pre-booking your services although we do welcome walk-ins and will do our best to accommodate you.

## MINIMUM AGE REQUIREMENTS

Spa guests are required to be 18 years or older to receive treatments or utilize the spa and fitness facilities. Guests under 18 receiving a teen or kid treatment must be accompanied by a parent or guardian. Swimsuits are required. For further details, please see our teen and kid spa menu.

## CANCELLATION POLICY

We require a credit card for all appointments and at least 4 hours' notice for cancellation or rescheduling to avoid being charged the full price for your treatments.

## PURCHASE POLICY

You can exchange unopened products within 14 days of purchase if you have a receipt. We cannot exchange any opened products.

## SERVICE CHARGES

For your convenience, a 20% service charge will be automatically added to your final bill. Gratuity for exemplary service is discretionary. Prices and services

are subject to change without notice.

## FITNESS

The Fitness Center offers cardiovascular and strengthening equipment. When you purchase any spa or salon service, you will have complimentary access to the Fitness Center on the day of your spa or salon service. Fitness facilities are available for ages 18 and up.

## TREATMENT TIME

Please arrive at least 30 minutes prior to your scheduled appointment so you can relax and make full use of the facilities. Regretfully, if you are late for an appointment, we may need to shorten your treatment time to be on schedule for the next guest. To keep the serenity of the spa, we ask you turn off your mobile phone and electronic devices upon arrival.

## VALUABLES

For the safety of your valuable items, we suggest you leave all jewelry and money in the safe provided in your hotel room. The spa will not assume any liability for valuables.

## PETS

In consideration of other guests, please leave your animals to play while relaxing at the spa.

## KEEP IN TOUCH

Make taking care of your skin, body and hair part of your daily ritual and visit us at **time-tospa.com**. Here you may purchase your skin, body and hair care products as well as read our inspiring articles, find some delicious healthful recipes, and be privy to our special offers.

## Special Services

### THE GIFT OF MANDARA

Gift cards are available for all services, spa packages, or a dollar amount. Gift cards are packaged in an attractive envelope ready for presentation.

### WEDDING DAY MAKE-UP AND STYLING

Your special day requires special attention. Allow us to tailor our services to create lasting memories for you and to meet the needs of your wedding party. Prices vary by season and wedding party size. Ask the Spa Director for details.

### SPA GROUP EVENTS

If you are bringing a group to stay at **Loews Portofino Bay Hotel at Universal Orlando®**, don't forget to pre-plan spa arrangements for your guests. Our Spa Director will be happy to ensure your spa appointments are scheduled and that you and your group are completely indulged. Please call us at **407-503-1244** to find out about our group programs.





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