

Amatista

COOKHOUSE

BREAKFAST MENU

BREAKFAST SERVED DAILY BETWEEN 6:00 AM & 11:00 AM

FARM FRESH EGGS

ALL EGG ENTREES ARE SERVED WITH YUKON GOLD BREAKFAST POTATOES

LOEWS HOTELS IS PROUD TO SERVE HFAC, AMERICAN HUMANE & USDA CERTIFIED CAGE FREE EGGS

Two Eggs Any Style 12
choice of bacon, sausage, or grilled ham

Custom Three Egg Omelet 13
(EGG WHITES AVAILABLE)
choose three: tomatoes, spinach, onions, bacon, sausage, ham, chorizo, peppers, mushrooms, cheddar, American or mozzarella cheese

Huevos Rancheros 13
sunny-side eggs, corn tortillas, refried beans steamed rice, avocado, tomato chili sauce

Classic Eggs Benedict 13
toasted brioche, two lightly poached eggs, Canadian bacon, hollandaise, fresh asparagus

Heirloom Tomato Benedict 14
English muffin, heirloom tomato, shaved prosciutto, baby spinach, two lightly poached eggs, pesto hollandaise

Paleo Smoked Pork Hash 14
smoked jerk pork shoulder, sweet potato, onion and peppers, two sunny-side up eggs, side of avocado, tomato-arugula salad

Black Angus Steak & Eggs 18
beef sirloin, apple-wood smoked bacon, two eggs any style

Amatista's Egg Sandwich 14
crisp bacon, arugula, tomato and fried eggs on sweet-bread toast with melted pepper jack cheese

GRIDDLE

Buttermilk Pancakes 12
cinnamon butter and maple syrup

Belgian Waffle 12
mixed berries, sweet butter, maple syrup

FRUIT & CEREALS

Dried Tropical Fruit Granola Parfait 8
passion fruit yogurt, toasted coconut

Mango Rice Pudding 8

Banana Split 10
berries, vanilla bean yogurt, granola sprinkles

Tropical Fruit Platter 12
mixed melons, golden pineapple, berries, banana nut bread, choice of vanilla yogurt, Greek yogurt or cottage cheese

Red Hill Groves Grapefruit Half 5
Mixed Berries 6

Dry Cereals 6
Organic Kashi Cereal 7
with sliced banana or mixed berries add 2

Irish Steel Cut Oatmeal *with Raisins & Cinnamon* 6
4

Homemade Granola

GLUTEN-FREE

Gluten-Free Pancakes 14
mixed berries, sugar-free maple syrup

Gluten-Free Breakfast Tostada 12
bacon, onions, peppers, two eggs sunny-side up, salsa

Gluten-Free Bagel 6
Gluten-Free Cinnamon Sugar Donut 5
Gluten-Free Toast or English Muffin 5

HEALTHY ALTERNATIVES

Egg White and Smoked Turkey Arepa 12
baby spinach, mushrooms, tomatoes

Smoked Salmon 14
toasted multi-grain bagel and traditional accompaniments

HOT OFF THE "PRESS"

Seattle's Best Regular or Decaf Coffee 4
Cappucino 5
Espresso 4
Double Espresso 5

HOT TEAS

Earl Grey, Hibiscus, English Breakfast, Green Tea, Chamomile, Mint 3

JUICES

Fresh Orange, Fresh Grapefruit 4
Pineapple, Tomato, Apple, V-8 or Cranberry 4
Mango, Papaya or Guava 4

Fiji Water sm 4 lg 7
San Pellegrino sm 4 lg 7
Red Bull Energy Drink 5
Soft Drinks & Iced Tea 3
Milk 3
Smoothie

BREAD BASKET

Amatista's Continental Breakfast 12
fresh orange, mango or grapefruit juice, breakfast pastries with butter and preserves, coffee, tea or milk

Bagel and Cream Cheese 4
Toast or English Muffin 3
Breakfast Pastries 4
Freshly Baked Muffins 4

SIDES

Two Eggs Any Style 7
Turkey Sausage Links 6
Yukon Gold Potato Hash 4
Hash Browns 4
Grits 6
Cottage Cheese or Fruit Yogurt 4
Greek Yogurt 5
Turkey Bacon 6

Prices are exclusive of FL State sales tax. An 18% gratuity will be added to parties of 6 or more.

Loews Sapphire Falls Resort is proud to partner with and support the following farmers:
Palmetto Creek Farms, Hearts of Christmas Farms, Lake Meadow Naturals, Deep Creek Ranch and Wild Ocean Market

SIGNATURE DISHES

Allspice Jamaican Fritters 13
bananas, candied pecans, powdered sugar

Caribbean French Toast 13
caramelized pineapple, toasted coconut

PLEASE INFORM US OF ANY DIETARY RESTRICTIONS SO WE MAY DO OUR BEST TO ACCOMMODATE YOUR NEEDS.
CONSUMER ADVISORY: CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS, ESPECIALLY IF YOU HAVE A MEDICAL CONDITION.