

HEALTH & RECREATION

SEA SPA

AT LOEWS CORONADO BAY RESORT

Sea Spa offers a true escape from the everyday with fifteen luxurious treatment areas, a Vichy rain shower and authentic Watsu pool. From island-inspired body wraps to tropical sea stone massages, Sea Spa has a bounty of bliss in store for you. Call ext. 6270.



Sea Spa has teamed up with Stretch U® in order to unleash the ultimate you! Call ext. 6270 to learn more about the benefits of "The Carey Stretch."

SPRAY

Spray Salon
Full-service beauty salon featuring a variety of cutting, coloring and styling services as well as signature manicures and pedicures. Call ext. 6270.

Fitness Center

The fitness center features weight-training equipment, treadmills, ellipticals, bikes and personal training for the health-conscious traveler. Locker room facilities include a steam room, sauna and relaxation lounge. An aerobic studio offers an array of group and private classes. Call ext. 6270.



Surfing

Coronado Surfing Academy is available for group or private surfing lessons. Call the concierge at ext. 6300 for reservations.



Marina Activities

Motorboats, jet skis, bikes, paddleboats, kayaks, water skiing, wakeboarding, stand-up paddle boards (SUP), sailboats and more. Advanced reservations are required. Call Action Sports at ext. 4466.



Gondola Cruises

Authentic cruises through the enchanting canals and waterways of the Coronado Cays are offered daily. Call 619-429-6317 and mention Loews Coronado Bay Resort.



Beach

Experience Loews at the Strand, our all-new beachside offerings on Silver Strand Beach. Take the complimentary shuttle out to the beach (or a quick 5 minute stroll), and enjoy our beach chairs, towels, beach toys, boogie boards and more. Let our team create the perfect beach day for you and your family.

SHOPPING

Sandy's

Visit our resort boutique for all your must-have beach accessories, featuring Maui Jim sunglasses, jewelry and retail items for all ages. Call ext. 4450.

Tides

Offers resort wear for the entire family that reflects the essence of Southern California and a variety of stylish logo items. Call ext. 8703.

Sea Spa Boutique

Exclusive product lines by HydroPeptide, Moroccan Oil, Alfaparf, Pure Fiji and Skin Authority. Also features spa and fitness attire, special gifts and more. Call ext. 6270.

For your convenience, an ATM and rental car kiosk are located off the main lobby.

DINING



At **Crown Landing** enjoy one-of-a-kind, locally-inspired fare with a commitment to sourcing seasonal, sustainable ingredients. Chef Jamie Dunn shines a spotlight on San Diego's distinct character, flavors and the freshest seafood available. Enjoy handcrafted cocktails, our eclectic wine list, and a selection of bottled and draft beer from San Diego's top craft breweries. Crown Landing Breakfast Buffet is available 8am-12pm on weekends. Call ext. 4444. Open daily from 7am-10pm, closed 2-5pm.

SILVER STRAND EXCHANGE



The **Silver Strand Exchange** features made-to-order Starbucks Coffee drinks as well as fresh pastries, handcrafted sandwiches and salads. For the sweet tooth, fresh gelato from Bottega Italiana is now available. Don't forget to check out our wide selection of local, craft beers and wines, gourmet retail items and commemorative gifts. Call ext. 6451. Open from 5am to midnight.



Beyond our signature grand staircase, the vibrant **Cays Lounge** offers views of the sweeping vistas of Coronado Bay along with craft cocktails developed by our talented team of bartenders. Sample one of the locally-brewed craft beers on draft. A 100" LCD media wall broadcasts sporting events while communal-style bar tables create a casual and comfortable retreat. Oversized teak sofas on Bay Terrace beckon guests to cozy up to fire pits for a warm glow in the evening hours. Call ext. 6797. Open daily, 12pm to 12am.



Casual poolside dining at **La Cantina** allows you to relax by one of our three pools while our bartenders mix your favorite libations or pour you one of our local craft beers on tap. Call ext. 6066.

In Room Dining Enjoy intimate restaurant dining in the comfort of your room. Comfort food, children's favorites and a custom pet dining menu are at your disposal. Satisfy late-night cravings with overnight options. Breakfast pre-orders, hospitality and butler services are available. Call In Room Dining at ext. 6500. Available for Breakfast 6-11am, All-Day Dining 11am-10pm and Late Night 10pm-6am.

Call our concierge at ext. 6300 for reservations and more information about dining at Loews Coronado Bay Resort.



WELCOME TO LOEWS CORONADO BAY

Loews Coronado Bay Resort is situated on a private 15-acre peninsula in San Diego's seaside community of Coronado, surrounded by the Pacific Ocean and Coronado Bay. It is located minutes from downtown Coronado, a charming resort village, and a short drive to San Diego's world-famous attractions.

Coronado Cays Playground

Features an oversized jungle gym, park benches and picnic table. Located in the adjacent Coronado Cays community, just to the left of the main hotel entrance.



LOEWS
CORONADO BAY

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LOEWS
CORONADO BAY

ACTIVITY GUIDE SPRING 2017



DINING & ACTIVITIES CALENDAR

DAILY EVENTS INCLUDE

MARINA

Sunset sailing excursions, sailing lessons, standup paddle board tours and lessons are available. Advanced reservations are required. Call Action Sports at ext. 4466.

DINNER & A MOVIE

Order dinner through In Room Dining and the movie is on us. Minimum of \$100 food and beverage purchase required prior to tax, service charge and delivery fee.

KIDS SCAVENGER HUNT

Embark on an interactive adventure through the resort with your little ones! Grab a worksheet from the front desk and answer the questions, then redeem for a tasty treat in Silver Strand Exchange.

CABANA RENTALS

Enjoy the ultimate pool experience in the privacy of your own pool cabana for the entire day. Cabanas feature bottled water, fresh fruit and an attendant to service your favorite food and drinks from the bar. Monday-Thursday: \$100, Friday-Sunday: \$150, *excludes holidays, max of 6 guests, \$15 per additional guest. Call the concierge at ext. 6300.

SUNDAY

7am-12pm

Crown Landing Breakfast Buffet
Includes classics, regional favorites & house specialties. \$24.50 per adult; unlimited bloody mary's and mimosas for \$10 more.

9am

Body Sculpt at Sea Spa

9:30 and 11:30am

Surf School Coronado Surfing Academy offers a daily surf camp for ages 6 & up. All equipment provided. 24-hour advanced notice required. Call ext. 6300.

9:30 -11:30am

Discovery Table Learn about the Silver Strand and our ecosystem with displays and activities. Located in the lobby.

10am

Marina Spin at Sea Spa

10am

Yoga at Sea Spa

12-1:30pm

Bay Sailing Excursion Enjoy the unrivaled beauty of South San Diego Bay aboard the Capri 22' sailboat. Min of 2 guests, max of 6 guests. Reservations by calling ext. 4466.

1pm

Pool Activity of the Day

1:30-2:30pm

Nature Walk Meet at lifeguard headquarters to join us on our nature walk at Silver Strand State Beach

SPECIALS

Cays Lounge

3-5pm

Craft Time: \$5 Craft Beers

La Cantina:

All Day

\$5 Mexican Beers

MONDAY

9am

"Core-lates" at Sea Spa

9am

Beach Yoga Meet at Sea Spa

9:30 and 11:30am

Surf School Coronado Surfing Academy offers a daily surf camp for ages 6 & up. All equipment provided. 24-hour advanced notice required. Call ext. 6300.

10am

Marina Spin at Sea Spa

10:30am

Aqua Fitness at Sea Spa

SPECIALS

La Cantina

All Day

Margarita Mondays

Crown Landing Bar

(located in the Silver Strand Exchange)

5-7pm

\$2 off of Craft Cocktails

TUESDAY

7am

Marina Spin at Sea Spa

8am

Yoga on the Docks Meet at Sea Spa

8:30am

Marina Spin at Sea Spa

9am

Body Sculpt at Sea Spa

9:30 and 11:30am

Surf School Coronado Surfing Academy offers a daily surf camp for ages 6 & up. All equipment provided. 24-hour advanced notice required. Call ext. 6300.

10am

"Roll-ates" at Sea Spa

SPECIALS

La Cantina

All Day

Taco Tuesday:\$4 TJ Street Tacos

Cays Lounge

3-5pm

Craft Time: \$5 Craft Beers

WEDNESDAY

7am

Marina Spin at Sea Spa

9am

Hatha Flow Yoga at Sea Spa

9:30 and 11:30am

Surf School Coronado Surfing Academy offers a daily surf camp for ages 6 & up. All equipment provided. 24-hour advanced notice required. Call ext. 6300.

10am

Marina Spin at Sea Spa

SPECIALS

Cays Lounge

3-5pm

Craft Time: \$5 Craft Beers

Crown Landing

All Day

Wine Wednesdays:

\$10 off all wine bottles

THURSDAY

7am

Marina Spin at Sea Spa

8am

Yoga on the Docks Meet at Sea Spa

9am

Marina Spin at Sea Spa

9:30 and 11:30am

Surf School Coronado Surfing Academy offers a daily surf camp for ages 6 & up. All equipment provided. 24-hour advanced notice required. Call ext. 6300.

10am

"Core-lates" at Sea Spa

SPECIALS

Cays Lounge

3-5pm

Craft Time: \$5 Craft Beers

Crown Landing Bar

(located in the Silver Strand Exchange)

5-7pm

\$2 off of Craft Cocktails

FRIDAY

7am

Marina Spin at Sea Spa

8am

Beach Yoga at Sea Spa

9am

Marina Spin at Sea Spa

9am

Tone It Up at Sea Spa

9:30 and 11:30am

Surf School Coronado Surfing Academy offers a daily surf camp for ages 6 & up. All equipment provided. 24-hour advanced notice required. Call ext. 6300.

10:15am

Vinyasa Flow Yoga at Sea Spa

SPECIALS

Crown Landing Bar:

(located in the Silver Strand Exchange)

5-7pm

\$2 off Local Wines

La Cantina:

2-4pm

\$9 Cocktail Special

SATURDAY

7am-12pm

Crown Landing Breakfast Buffet
Includes classics, regional favorites & house specialties. \$24.50 per adult; unlimited bloody mary's & mimosas for \$10 more.

8:30am

Marina Spin at Sea Spa

9am

Vinyasa Flow Yoga at Sea Spa

9:30 and 11:30am

Surf School Coronado Surfing Academy offers a daily surf camp for ages 6 & up. All equipment provided. 24-hour advanced notice required. Call ext. 6300.

9:30 - 11:30am

Explore & Restore Fun, interactive tour of Silver Strand State Beach followed by an optional volunteer activity. Meet in the lobby.

10am

Marina Spin at Sea Spa

10:30am

Aqua Fitness at Sea Spa

1pm

Pool Activity of the Day

3:30-4:30pm

Jr. Rangers Program Activities for kids at Silver Strand State Beach. Meet at lifeguard headquarters.

SPECIALS

Crown Landing Bar

(located in the Silver Strand Exchange)

5-7pm

\$2 off of Craft Cocktails

La Cantina

2-4pm

\$9 Cocktail Special