

THE MARKET BUFFET 32

fresh tropical fruit, cereal bar, St. James smoked salmon, Miami Smokers charcuterie, selection of yogurts, imported cheese, omelet station, mini doughnut station, Zak the Baker bread selection, freshly baked patisserie

OUR EGGS ARE CAGE-FREE

BREADS & PASTRIES

Sliced Bread Selection
from Zak the Baker 6
country wheat, walnut & cranberry, multi-grain

Traditional Toast 5
white, wheat and rye

Selection of New York Style
Bagels 6
cream cheese

Selection of Freshly Baked
Muffins 6
blueberry, bran, cranberry, Nutella®, English muffin

GRIDDLES

Buttermilk Pancakes 16
warm maple syrup or fresh berries and agave nectar

Crisp Malted Waffles 16
strawberries, whipped cream and local honey

Classic French Toast 16

MARKET FLAVORS

Traditional Eggs Benedict 18
served with breakfast potatoes

Baked Eggs Casserole 18
organic eggs, green & red bell pepper, onion,
tomatoes, Zak the Baker multi-grain toast

Avocado Toast 19
toasted Zak the Baker sourdough, mashed avocado,
bacon, goat cheese, two poached eggs and
breakfast potatoes

Steak & Eggs 22
beef churrasco, choice of two eggs, hash browns,
mushroom, green asparagus, hollandaise

GLUTEN FREE OPTIONS

Gluten Free Pancakes 16
buckwheat and coconut pancakes, tropical salad

Pastry Selections 6
bagels, white or wheat toast

Freshly Baked Muffins 9
from our local vendor, "Better Sweet Miami":
banana bran, chocolate chip, blueberry, apple & raisin

COFFEE & MORE

we proudly brew Starbucks® coffee and espresso

Regular or Decaf Coffee 4

Espresso/Double Espresso 4/6
selected blends: Nicaragua, Bolivia, Columbia

Cappuccino & Specialty Coffee 5

Pot of Tazo® Tea 4
green ginger, Earl grey, wild sweet orange,
calm chamomile, China green tips,
awake English breakfast and refresh mint

FARM FRESH EGGS

all dishes served with potatoes
and toast
(Egg Beaters available)



Two Eggs Any Style 17
choice of bacon or sausage

Create-Your-Own Omelet 17
choices include: tomatoes, spinach, onions,
peppers, mushrooms, bacon, sausage, ham, chorizo,
cheddar, Swiss or pepper jack cheese

Preston's Market Croissant 17
scrambled eggs, avocado, tomato salad, cheddar cheese

Egg White Omelet Market Ratatouille 17
whipped egg white, low-fat mozzarella, arugula pesto

MARKET ALTERNATIVES

"St. James" Atlantic Smoked
Salmon 19
fresh bagel, sour cream, tomato, onion, capers,
arugula salad

Banana Split 14
vanilla bean yogurt, banana, berries and
granola sprinkles

Tropical Fruit Salad 14
Greek yogurt or cottage cheese

Selection of Dry Cereals &
Organic Kashi 7

Steel-Cut Oats 10
dried fruit and nuts

Homemade Granola with Yogurt 8

"JUICERA" ORGANIC COLD PRESS JUICES (12 oz.)

Green Power I 12
cucumber, apple, kale, romaine, spinach, parsley,
celery, lemon

Green Power II 12
carrot, romaine, Swiss chard, broccoli, bok choy,
celery, lemon

Metabolic Lemonade 8
lemon, organic cayenne pepper, organic coconut
palm nectar

Watermelon X-Press 11
watermelon, organic apple, organic mint

Rooted Beginnings 11
beet, organic apple, organic carrot, organic ginger
and organic lemon

SUPPORTING LOCAL ARTISAN/FARMERS:

Zak the Baker, Miami Smokers, Winter Park Dairy,
Uriah's Urban Farm, Bee My Honey